

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)		2010 Total Biweekly Premium	2011 Biweekly Postal Premium Rates				
Plan - Option - Enrollment Code			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	
Florida Humana, Inc.							
	High Self	EE1	225.41	256.90	203.24	53.66	19.14
	High Family	EE2	507.16	578.04	454.48	123.56	44.67
	Standard Self	EE4	180.36	224.98	190.11	34.87	8.72
	Standard Family	EE5	405.80	506.21	427.75	78.46	19.62
Florida Humana, Inc.							
	High Self	LL1	240.71	290.65	203.24	87.41	37.59
	High Family	LL2	541.60	653.95	454.48	199.47	86.14
	Standard Self	LL4	223.51	236.24	199.62	36.62	4.00
	Standard Family	LL5	502.90	531.52	449.13	82.39	7.76
Georgia Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Georgia Aetna Open Access							
	High Self	2U1	246.70	287.47	203.24	84.23	28.42
	High Family	2U2	566.07	659.62	454.48	205.14	67.34
Georgia Humana CoverageFirst							
	CDHP Self	AD1	154.59	211.89	179.05	32.84	10.42
	CDHP Family	AD2	347.82	476.76	402.86	73.90	23.47
Georgia Humana CoverageFirst							
	CDHP Self	LM1	181.86	215.68	182.25	33.43	7.06
	CDHP Family	LM2	409.20	485.28	410.06	75.22	15.89
Georgia Humana Employers Health of Georgia, Inc.							
	High Self	CB1	224.15	238.88	201.85	37.03	3.77
	High Family	CB2	504.34	537.47	454.16	83.31	7.24
	Standard Self	CB4	201.74	214.99	181.67	33.32	4.07
	Standard Family	CB5	453.90	483.72	408.74	74.98	9.16

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Indiana Humana CoverageFirst							
	CDHP Self	MW1	165.85	218.41	184.56	33.85	9.80
	CDHP Family	MW2	373.19	491.42	415.25	76.17	22.06
Indiana Humana Health Plan Inc.							
	High Self	751	259.26	295.57	203.24	92.33	23.96
	High Family	752	583.37	665.03	454.48	210.55	55.45
	Standard Self	754	187.26	224.98	190.11	34.87	7.72
	Standard Family	755	421.31	506.21	427.75	78.46	17.37
Indiana Humana Health Plan, Inc.							
	High Self	MH1	224.15	238.88	201.85	37.03	3.77
	High Family	MH2	504.34	537.47	454.16	83.31	7.24
	Standard Self	MH4	201.74	214.99	181.67	33.32	4.07
	Standard Family	MH5	453.90	483.72	408.74	74.98	9.16
Indiana Physicians Health Plan of Northern Indiana							
	High Self	DQ1	230.04	258.69	203.24	55.45	16.30
	High Family	DQ2	512.09	575.78	454.48	121.30	37.48
Indiana Welborn Health Plans							
	High Self	W11	230.43	247.11	203.24	43.87	4.33
	High Family	W12	539.22	578.27	454.48	123.79	12.84
Iowa Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Iowa Coventry Health Care of Iowa							
	High Self	SV1	218.23	231.69	195.78	35.91	4.27
	High Family	SV2	589.16	606.84	454.48	152.36	-8.53
	HDHP Self	SV4	151.54	151.54	128.05	23.49	1.52
	HDHP Family	SV5	361.65	361.65	305.59	56.06	3.62

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Iowa Coventry Health Care of Iowa							
	Standard Self	SY4	158.79	166.69	140.85	25.84	2.82
	Standard Family	SY5	373.15	391.74	331.02	60.72	6.61
Iowa Health Alliance HMO							
	High Self	FX1	249.64	255.88	203.24	52.64	-6.11
	High Family	FX2	581.93	596.47	454.48	141.99	-11.67
Iowa HealthPartners Open Access Copay/3 for Free							
	High Self	V31	295.42	314.75	203.24	111.51	6.98
	High Family	V32	679.46	723.91	454.48	269.43	18.24
	Standard Self	V34	140.81	147.85	124.93	22.92	2.50
	Standard Family	V35	323.86	340.04	287.33	52.71	5.75
Iowa Sanford Health Plan							
	High Self	AU1	244.08	279.88	203.24	76.64	23.45
	High Family	AU2	561.62	644.00	454.48	189.52	56.17
	Standard Self	AU4	238.69	269.89	203.24	66.65	18.85
	Standard Family	AU5	549.00	620.78	454.48	166.30	45.57
Iowa UnitedHealthcare Plan of the River Valley Inc.							
	High Self	YH1	179.43	211.33	178.57	32.76	6.74
	High Family	YH2	439.60	517.74	437.49	80.25	16.51
Kansas Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Kansas Coventry Health Care of Kansas							
	High Self	HA1	192.68	210.09	177.53	32.56	4.62
	High Family	HA2	483.82	527.54	445.77	81.77	11.62
	Standard Self	HA4	161.72	179.02	151.27	27.75	4.30
	Standard Family	HA5	379.97	420.62	355.42	65.20	10.10

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Kentucky Humana Health Plan, Inc.							
	High Self	MI1	212.94	230.01	194.36	35.65	4.77
	High Family	MI2	479.12	517.51	437.30	80.21	10.74
	Standard Self	MI4	191.65	201.86	170.57	31.29	3.50
	Standard Family	MI5	431.20	454.19	383.79	70.40	7.88
Louisiana Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Louisiana Coventry Health Care of Louisiana							
	High Self	BJ1	235.67	260.71	203.24	57.47	12.69
	High Family	BJ2	547.32	605.45	454.48	150.97	31.92
	Standard Self	BJ4	195.76	232.71	196.64	36.07	7.68
	Standard Family	BJ5	454.64	540.46	454.48	85.98	20.06
Maine Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Maryland Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Maryland Aetna Open Access							
	High Self	JN1	296.33	341.35	203.24	138.11	32.67
	High Family	JN2	663.75	764.59	454.48	310.11	74.63
	Basic Self	JN4	194.16	218.28	184.45	33.83	5.68
	Basic Family	JN5	454.38	510.85	431.67	79.18	13.29

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Michigan Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Michigan Bluecare Network of MI							
	High Self	H61	.00	246.85	203.24	43.61	43.61
	High Family	H62	.00	641.62	454.48	187.14	187.14
Michigan Bluecare Network of MI							
	High Self	J31	.00	260.41	203.24	57.17	57.17
	High Family	J32	.00	676.82	454.48	222.34	222.34
Michigan Bluecare Network of MI							
	High Self	K51	240.82	249.80	203.24	46.56	-3.37
	High Family	K52	549.16	569.56	454.48	115.08	-5.81
Michigan Bluecare Network of MI							
	High Self	LX1	198.93	219.09	185.13	33.96	5.12
	High Family	LX2	516.98	569.42	454.48	114.94	26.23
Michigan Grand Valley Health Plan							
	High Self	RL1	203.28	217.33	183.64	33.69	4.21
	High Family	RL2	531.13	565.06	454.48	110.58	7.72
	Standard Self	RL4	185.56	203.79	172.20	31.59	4.68
	Standard Family	RL5	482.45	529.82	447.70	82.12	12.16
Michigan Health Alliance Plan							
	High Self	521	198.33	240.73	203.24	37.49	8.73
	High Family	522	515.65	625.87	454.48	171.39	84.01
	HDHP Self	524	198.31	178.63	150.94	27.69	-1.06
	HDHP Family	525	497.52	447.04	377.75	69.29	-2.85
Michigan HealthPlus MI							
	High Self	X51	196.85	205.56	173.70	31.86	3.32
	High Family	X52	511.51	534.10	451.31	82.79	-.45

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Michigan Physicians Health Plan of Mid-Michigan							
	Standard Self	9U4	232.84	278.71	203.24	75.47	33.52
	Standard Family	9U5	561.13	671.69	454.48	217.21	84.35
Minnesota Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Minnesota HealthPartners Open Access Copay/3 for Free							
	High Self	V31	295.42	314.75	203.24	111.51	6.98
	High Family	V32	679.46	723.91	454.48	269.43	18.24
	Standard Self	V34	140.81	147.85	124.93	22.92	2.50
	Standard Family	V35	323.86	340.04	287.33	52.71	5.75
Minnesota Medica Health Plan							
	High Self	M21	245.01	302.11	203.24	98.87	44.75
	High Family	M22	561.07	691.82	454.48	237.34	104.54
Mississippi Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Missouri Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Missouri Blue Preferred Plus POS							
	High Self	9G1	242.73	262.14	203.24	58.90	7.06
	High Family	9G2	525.52	567.56	454.48	113.08	15.83

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Missouri Coventry Health Care of Kansas							
	High Self	HA1	192.68	210.09	177.53	32.56	4.62
	High Family	HA2	483.82	527.54	445.77	81.77	11.62
	Standard Self	HA4	161.72	179.02	151.27	27.75	4.30
	Standard Family	HA5	379.97	420.62	355.42	65.20	10.10
Missouri Coventry Health Care of Kansas (Kansas City)-HDHP							
	HDHP Self	9H1	138.20	173.13	146.29	26.84	6.80
	HDHP Family	9H2	324.76	406.87	343.81	63.06	15.97
Missouri Humana CoverageFirst							
	CDHP Self	PH1	160.41	198.18	167.46	30.72	7.46
	CDHP Family	PH2	360.91	445.91	376.79	69.12	16.79
Missouri Humana Health Plan, Inc.							
	High Self	MS1	317.08	352.46	203.24	149.22	23.03
	High Family	MS2	713.42	793.03	454.48	338.55	53.40
	Standard Self	MS4	197.72	237.48	200.67	36.81	8.14
	Standard Family	MS5	444.89	534.34	451.52	82.82	18.31
Missouri United Healthcare of the Midwest, Inc.							
	High Self	B91	230.45	250.49	203.24	47.25	7.69
	High Family	B92	514.87	559.61	454.48	105.13	18.53
Montana Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Montana New West Health Services							
	High Self	NV1	210.71	265.16	203.24	61.92	31.37
	High Family	NV2	552.38	601.16	454.48	146.68	22.57
	Standard Self	NV4	.00	209.54	177.06	32.48	32.48
	Standard Family	NV5	.00	494.09	417.51	76.58	76.58

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New York HIP of Greater New York							
	High Self	511	236.60	268.96	203.24	65.72	20.01
	High Family	512	626.98	712.75	454.48	258.27	59.56
	Standard Self	514	185.08	247.24	203.24	44.00	17.16
	Standard Family	515	490.44	655.18	454.48	200.70	129.59
New York Independent Health Assoc							
	High Self	QA1	217.98	239.12	202.06	37.06	5.45
	High Family	QA2	575.29	597.80	454.48	143.32	-3.70
	HDHP Self	QA4	175.82	190.29	160.80	29.49	4.00
	HDHP Family	QA5	443.74	485.23	410.02	75.21	10.87
New York MVP Health Care							
	High Self	GA1	231.07	243.91	203.24	40.67	.49
	High Family	GA2	596.95	610.84	454.48	156.36	-12.32
	Standard Self	GA4	218.51	223.29	188.68	34.61	2.93
	Standard Family	GA5	564.57	559.10	454.48	104.62	-31.68
New York MVP Health Care							
	High Self	GV1	213.71	220.43	186.26	34.17	3.18
	High Family	GV2	571.22	551.62	454.48	97.14	-45.81
	Standard Self	GV4	164.06	207.39	175.24	32.15	8.36
	Standard Family	GV5	438.55	518.95	438.51	80.44	16.85
New York MVP Health Care							
	High Self	M91	232.33	256.44	203.24	53.20	11.76
	High Family	M92	600.29	642.00	454.48	187.52	15.50
	Standard Self	M94	216.23	240.28	203.04	37.24	5.89
	Standard Family	M95	558.70	601.80	454.48	147.32	16.89
New York MVP Health Care							
	High Self	MF1	256.37	269.63	203.24	66.39	.91
	High Family	MF2	662.41	674.75	454.48	220.27	-13.87
	Standard Self	MF4	238.26	249.20	203.24	45.96	-1.41
	Standard Family	MF5	615.66	623.64	454.48	169.16	-18.23

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Ohio Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Ohio AultCare HMO							
	High Self	3A1	253.51	287.40	203.24	84.16	21.54
	High Family	3A2	622.40	705.62	454.48	251.14	57.01
	HDHP Self	3A4	168.53	143.26	121.05	22.21	-2.23
	HDHP Family	3A5	337.69	287.04	242.55	44.49	-4.48
Ohio HMO Health Ohio							
	High Self	L41	273.29	323.17	203.24	119.93	37.53
	High Family	L42	642.24	759.44	454.48	304.96	90.99
Ohio Kaiser Foundation Health Plan of Ohio							
	High Self	641	262.07	287.68	203.24	84.44	13.26
	High Family	642	602.75	661.67	454.48	207.19	32.71
	Standard Self	644	169.29	186.85	157.89	28.96	4.41
	Standard Family	645	389.38	429.74	363.13	66.61	10.15
Ohio The Health Plan of the Upper Ohio Valley							
	High Self	U41	213.68	231.56	195.67	35.89	4.91
	High Family	U42	491.45	532.55	450.00	82.55	11.29
Oklahoma Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Oklahoma Globalhealth, Inc.							
	High Self	IM1	168.75	169.26	143.02	26.24	1.77
	High Family	IM2	406.68	407.85	344.63	63.22	4.25

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Oregon Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Oregon Kaiser Foundation Health Plan of Northwest							
	High Self	571	250.88	271.53	203.24	68.29	8.30
	High Family	572	576.34	613.31	454.48	158.83	10.76
	Standard Self	574	206.11	211.53	178.74	32.79	2.90
	Standard Family	575	473.48	485.94	410.62	75.32	6.67
Pennsylvania Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Pennsylvania Aetna Open Access							
	High Self	P31	321.47	384.05	203.24	180.81	50.23
	High Family	P32	775.68	926.65	454.48	472.17	124.76
	Basic Self	P34	236.89	287.87	203.24	84.63	38.63
	Basic Family	P35	547.02	664.74	454.48	210.26	91.51
Pennsylvania Aetna Open Access							
	High Self	YE1	155.01	173.89	146.94	26.95	4.47
	High Family	YE2	427.42	479.47	405.15	74.32	12.34
Pennsylvania Geisinger Health Plan							
	Standard Self	GG4	209.13	266.73	203.24	63.49	33.17
	Standard Family	GG5	481.00	613.46	454.48	158.98	89.24
Pennsylvania HealthAmerica Pennsylvania							
	High Self	261	245.21	259.34	203.24	56.10	1.78
	High Family	262	576.24	609.44	454.48	154.96	6.99

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Texas Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Texas Aetna Open Access							
	High Self	P11	258.33	281.56	203.24	78.32	10.88
	High Family	P12	650.75	709.29	454.48	254.81	32.33
Texas Firstcare							
	High Self	CK1	162.74	225.73	190.74	34.99	11.39
	High Family	CK2	488.22	677.21	454.48	222.73	151.94
Texas Humana CoverageFirst							
	CDHP Self	TP1	174.60	192.71	162.84	29.87	4.55
	CDHP Family	TP2	392.83	433.60	366.39	67.21	10.25
Texas Humana CoverageFirst							
	CDHP Self	TU1	178.22	217.31	183.63	33.68	7.84
	CDHP Family	TU2	401.02	488.95	413.16	75.79	17.64
Texas Humana CoverageFirst							
	CDHP Self	TV1	183.33	227.64	192.36	35.28	8.70
	CDHP Family	TV2	412.47	512.18	432.79	79.39	19.58
Texas Humana Health Plan of Texas							
	High Self	UC1	224.15	242.03	203.24	38.79	5.53
	High Family	UC2	504.34	544.58	454.48	90.10	14.03
	Standard Self	UC4	201.74	213.73	180.60	33.13	3.88
	Standard Family	UC5	453.90	480.90	406.36	74.54	8.72
Texas Humana Health Plan of Texas							
	High Self	UR1	336.65	354.71	203.24	151.47	5.71
	High Family	UR2	757.47	798.11	454.48	343.63	14.43
	Standard Self	UR4	201.04	224.98	190.11	34.87	5.72
	Standard Family	UR5	452.35	506.21	427.75	78.46	12.87

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)			2010 Total Biweekly Premium	2011 Biweekly Postal Premium Rates			
Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Texas Humana Health Plan of Texas							
	High Self	UU1	230.74	272.73	203.24	69.49	29.64
	High Family	UU2	519.18	613.64	454.48	159.16	68.25
	Standard Self	UU4	223.58	236.24	199.62	36.62	3.93
	Standard Family	UU5	503.06	531.53	449.14	82.39	7.60
Texas Pacificare of Texas							
	High Self	GF1	249.24	250.73	203.24	47.49	-10.86
	High Family	GF2	572.99	576.90	454.48	122.42	-22.30
Utah Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Utah Altius Health Plans							
	High Self	9K1	251.88	277.07	203.24	73.83	12.84
	High Family	9K2	554.16	609.59	454.48	155.11	29.22
	HDHP Self	9K4	178.56	160.70	135.79	24.91	-.98
	HDHP Family	9K5	369.92	332.92	281.32	51.60	-2.04
Utah Altius Health Plans							
	Standard Self	DK4	189.45	183.77	155.29	28.48	1.01
	Standard Family	DK5	416.77	404.27	341.61	62.66	2.23
Utah Select Health of Utah							
	High Self	SF1	.00	259.64	203.24	56.40	56.40
	High Family	SF2	.00	571.29	454.48	116.81	116.81
Vermont Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66

Postal Premium Rates for the Federal Employees Health Benefits Program

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Plan - Option - Enrollment Code				Total Premium	Govt Pays	Empl. Pays	Change in empl. payment
Virgin Islands Triple-S Salud, Inc.							
	High Self	851	190.24	190.24	160.75	29.49	1.91
	High Family	852	432.04	432.04	365.07	66.97	4.32
Virginia Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Virginia Aetna Open Access							
	High Self	JN1	296.33	341.35	203.24	138.11	32.67
	High Family	JN2	663.75	764.59	454.48	310.11	74.63
	Basic Self	JN4	194.16	218.28	184.45	33.83	5.68
	Basic Family	JN5	454.38	510.85	431.67	79.18	13.29
Virginia CareFirst BlueChoice							
	High Self	2G1	224.34	250.36	203.24	47.12	13.67
	High Family	2G2	504.68	563.22	454.48	108.74	32.33
Virginia Kaiser Foundation Health Plan Mid-Atlantic States							
	High Self	E31	229.00	243.01	203.24	39.77	1.66
	High Family	E32	526.21	558.93	454.48	104.45	6.51
	Standard Self	E34	133.98	152.56	128.91	23.65	4.22
	Standard Family	E35	308.17	350.86	296.48	54.38	9.70
Virginia M.D. IPA							
	High Self	JP1	223.56	241.68	203.24	38.44	5.77
	High Family	JP2	515.54	557.30	454.48	102.82	15.55
Virginia Optima Health Plan							
	High Self	9R1	227.97	249.04	203.24	45.80	8.72
	High Family	9R2	539.41	589.25	454.48	134.77	23.63
	Standard Self	9R4	163.72	172.30	145.59	26.71	2.97
	Standard Family	9R5	387.39	407.69	344.50	63.19	7.02

Postal Premium Rates for the Federal Employees Health Benefits Program

Health Management Organizations (HMO)			2010 Total Biweekly Premium	2011 Biweekly Postal Premium Rates			
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West Virginia Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
West Virginia The Health Plan of the Upper Ohio Valley							
	High Self	U41	213.68	231.56	195.67	35.89	4.91
	High Family	U42	491.45	532.55	450.00	82.55	11.29
Wisconsin Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Wisconsin Dean Health Plan							
	High Self	WD1	218.83	235.59	199.07	36.52	4.79
	High Family	WD2	547.06	588.98	454.48	134.50	15.71
Wisconsin Group Health Cooperative							
	High Self	WJ1	208.68	218.93	185.00	33.93	3.67
	High Family	WJ2	521.70	547.49	454.48	93.01	-.42
Wisconsin HealthPartners Open Access Copay/3 for Free							
	High Self	V31	295.42	314.75	203.24	111.51	6.98
	High Family	V32	679.46	723.91	454.48	269.43	18.24
	Standard Self	V34	140.81	147.85	124.93	22.92	2.50
	Standard Family	V35	323.86	340.04	287.33	52.71	5.75
Wisconsin MercyCare HMO							
	High Self	EY1	.00	235.66	199.13	36.53	36.53
	High Family	EY2	.00	589.16	454.48	134.68	134.68
Wisconsin Physicians Plus							
	High Self	LW1	214.66	224.37	189.59	34.78	3.65
	High Family	LW2	547.37	572.15	454.48	117.67	-1.43

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Plan - Option - Enrollment Code			Total Premium	Govt Pays	Empl. Pays	Change in empl. payment	
Wyoming Aetna HealthFund							
	CDHP Self	221	194.30	230.99	195.19	35.80	7.63
	CDHP Family	222	463.67	542.50	454.48	88.02	20.79
	HDHP Self	224	138.01	157.56	133.14	24.42	4.41
	HDHP Family	225	302.24	345.06	291.58	53.48	9.66
Wyoming Altius Health Plans							
	High Self	9K1	251.88	277.07	203.24	73.83	12.84
	High Family	9K2	554.16	609.59	454.48	155.11	29.22
	HDHP Self	9K4	178.56	160.70	135.79	24.91	-.98
	HDHP Family	9K5	369.92	332.92	281.32	51.60	-2.04
Wyoming Altius Health Plans							
	Standard Self	DK4	189.45	183.77	155.29	28.48	1.01
	Standard Family	DK5	416.77	404.27	341.61	62.66	2.23